

# Red Lake Falls Schools November 2024 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
<p>All meals are serviced with milk. Menu subject to change.</p> <p>ISD #630 is an Equal Opportunity Provider and Employer</p>				<p>1 1/2 Student Day</p> <p>Cereal Toast Juice Fruit</p>
<p>4 Cereal Yogurt Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>5 Scrambled Eggs Sausage Toast Juice</p>	<p>6 Pancake Wrap Juice Fruit</p>	<p>7 Mini Donut Hard Boiled Egg Juice Fruit</p>	<p>8 Cereal Toast Juice Fruit</p>
<p>11 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>12 Breakfast Pizza Juice Fruit</p>	<p>13 Cheese Omelet Toast Juice Fruit</p>	<p>14 French Toast w/Syrup Yogurt Juice Fruit</p>	<p>15 No School</p>
<p>18 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>19 Pancakes w/Syrup Yogurt Juice Fruit</p>	<p>20 Long John Juice Fruit</p>	<p>21 Breakfast Sandwich on English Muffin Juice Fruit</p>	<p>22 Mini Bagel (Elementary) Hard-boiled egg (High School) Yogurt Juice Fruit</p>
<p>25 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>26 French Toast Sticks Hard Boiled Egg Juice Fruit</p>	<p>27 Breakfast Pizza Juice Fruit</p>	<p>28 No School</p>	<p>29 No School</p>

# Red Lake Falls Schools November 2024 Lunch Menu

Mon	Tue	Wed	Thu	Fri
<p>All meals are serviced with milk. Menu subject to change.</p> <p>ISD #630 is an Equal Opportunity Provider and Employer</p>				<p>1 1/2 Student Day</p> <p>Chicken Patty on Bun Oven Fries Fresh Vegetables Fruit Choice</p>
<p>4 Pepperoni French Bread Pizza Corn Fresh Vegetables Fruit Choice</p>	<p>5 Crispy Chicken Wrap Fresh Vegetables Fruit Choice</p>	<p>6 BBQ Beef Riblet on a Bun Green Beans Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>7 Popcorn Shrimp Cheese Stick Breadstick Fresh Vegetables Fruit Choice</p>	<p>8 Corndog Baked Beans Fresh Vegetables Fruit Choice</p>
<p>11 Hot Dog on Bun Baked Beans Sunchips (7-12 only) Fresh Vegetables Fruit Choice</p>	<p>12 Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>13 Meatballs Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>14 Nachos Fresh Vegetables Fruit Choice</p>	<p>15 No School</p>
<p>18 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice</p>	<p>19 Sub Sandwich Baked Chips Fresh Vegetables Fruit Choice</p>	<p>20 Chicken Nuggets Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>21 Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice</p>	<p>22 Fiestada Pizza Corn Fresh Vegetables Fruit Choice</p>
<p>25 Chicken Fajita Fresh Vegetables Salsa Sour Cream Fruit Choice</p>	<p>26 Salisbury Steak Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>27 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>28 No School</p>	<p>29 No School</p>