

# RLF JV @ Bemidji Scrimmage - 1:45 pm.

Bemidji High School

Monday, August 19<sup>th</sup>

TEAM 1: BEMIDJI JV  
 TEAM 2: FOSSTON JV  
 TEAM 3: SEBEKA JV  
 TEAM 4: RLCC JV  
 TEAM 5: LOW JV  
 TEAM 6: CLEARBROOK -- GONVICK JV

TEAM 7: ROSEAU JV  
 TEAM 8: NEVIS JV  
 TEAM 9: RED LAKE FALLS JV  
 TEAM 10: TRF JV  
 TEAM 11: DEER RIVER JV

Bus leaves  
 @ 6:45 AM.

	OFF	COURT 1	COURT 2	COURT 3	COURT 4
1:15 - 1:45	2,10,9	1 vs 3	11 vs 4	5 vs 7	6 vs 8
1:45 - 2:15	5,8,6	1 vs 4	9 vs 7	10 vs 11	2 vs 3
2:15 - 2:45	4,11,3	1 vs 9	10 vs 7	2 vs 6	8 vs 5
2:45 - 3:15	1,2,7	3 vs 4	5 vs 6	11 vs 8	9 vs 10
3:15 - 3:45	6,5,8	1 vs 7	3 vs 10	2 vs 4	9 vs 11
3:45 - 4:15	3,11,10	1 vs 8	2 vs 7	4 vs 6	5 vs 9
4:15 - 4:45	4,7,9	1 vs 10	3 vs 8	6 vs 11	2 vs 5
4:45 - 5:15	2,1,6	11 vs 7	8 vs 10	3 vs 5	4 vs 9

Bring money!

Concessions  
 available  
 and we will  
 stop after the  
 JV scrimmage.

Have  
 FUN!

Play  
 Hard!

Afternoon Scrimmage

#ALLOUTALLINALL4ONE

FAMILY

# RLF JV @ KCC (Lancaster) 9:00 AM

Saturday, September 14<sup>th</sup>

KCC JV Volleyball Tournament

Bus leaves @  
7:15 AM

Location: Lancaster School, Lancaster, MN

Date: Saturday, September 14, 2024

Time: 9:00 am (gym doors will open at 8:15 am)

Use Door #11 to Enter (the entrance by the East Gym)

Match Play: Round robin play = 2 sets to 25 with rally scoring (27 point cap).

All other MSHSL rules will be followed.

Warm-up: Ten minutes for the first set you play (4-4-2). Please tell your players to ONLY warm up in the gyms. Every match will play continuously with no breaks, so there will be no need to warm-up after the first match.

Line Judge: Please be prepared to provide a line judge when you play.

Entry Fee: \$150 per team. Make checks payable to Lancaster School. Please mail to:

Lancaster School  
401 Central Avenue  
Lancaster, MN 56735

## Housekeeping:

- \*\* Please email rosters to [mcoffield@lancaster.mn.us](mailto:mcoffield@lancaster.mn.us) ASAP
- \*\* Locker rooms will NOT be available. Please come fully dressed.
- \*\* Please bring your own warm-up balls.
- \*\* Admission is \$6 per person (Kindergarten - adult)
- \*\* Concessions will be available.

Play Hard!

Have Fun!

Work together!

Teams: KCC, Northern Freeze, Stephen-Argyle, BGMR, EGF, RLF

East Gym		West Gym
SAC vs. BGMR	9:00	KCC vs. NF
KCC vs. BGMR		EGF vs. RLF
SAC vs. EGF		NF vs. RLF
BGMR vs. EGF		NF vs. SAC
KCC vs. RLF		BGMR vs. NF
EGF vs. KCC		RLF vs. SAC
RLF vs. BGMR		EGF vs. NF
KCC vs. SAC		

Team!

Medals: Teams will be ranked #1-6 according to set wins. The first place team will receive medals. Ranking will go as follows:

1. Set wins
2. Head-to-head record
3. Total plus points
4. Coin toss

#ALLOUTALLINALL4ONE

#FAMILY

# RLF JV @ RLF Elementary

Saturday, September 28<sup>th</sup> ~ 9:00 AM

## RED LAKE FALLS JV VOLLEYBALL TOURNAMENT

Saturday, September 28, 2024 ~ 9:00a.m.

Red Lake Falls ELEMENTARY SCHOOL GYM (601 1<sup>st</sup> St NE, RLF)

MATCHES: Pool play – 2 sets to 25 (cap of 27)

Tournament – best 2 of 3 sets to 25, 3<sup>rd</sup> set to 15 (no cap)

### POOL A

A1 = Red Lake Falls

A2 = Crookston

A3 = BGMR

A4 = KCC

### POOL B

B1 = RLCC

B2 = Freeze

B3 = EGF

B4 = Roseau

please be  
ready by  
8:20 AM.

## TOURNAMENT SCHEDULE

### POOL A (Eagle Court)

### POOL B (Rebel Court)

9:00 a.m. A1 vs. A2

B1 vs. B2

9:40 a.m. A3 vs. A4

B3 vs. B4

Match 3 A1 vs. A3

B1 vs. B3

Match 4 A2 vs. A4

B2 vs. B4

Match 5 A1 vs. A4

B1 vs. B4

Match 6 A2 vs. A3

B2 vs. B3

Play  
Hard!  
Have  
Fun!

\*Tournament Matches best 2 of 3 to 25, 3<sup>rd</sup> set to 15 (no caps)\*

Match 7 #3 vs. #3 (5<sup>th</sup> place)

#4 vs. #4 (7<sup>th</sup> place)

Match 8 #1 vs. #1 (Championship)

#2 vs. #2 (3<sup>rd</sup> place)

Tournament Seeding will be determined by (A) pool play record=total sets won vs. total sets lost; (B) Head to Head record; (C) total point spread; (D) if still tied, one 5 point rally scoring game to 5 (cap of 5).

1. There is a \$150 entry fee due before your first match.

Please make checks out to: Red Lake Falls Volleyball.

Mail to: Nikki Gullingsrud ~ 905 Chicago Ave SW, Red Lake Falls, MN 56750.

Team!

2. Each team will need to supply one line judge when playing.

3. The first 2 rounds will have a 10 minute warm up. Subsequent matches will begin as soon as possible after the conclusion of the previous match.

4. A max of 15 Individual Medals will be awarded for 1<sup>st</sup> place.

5. Please bring your own warm-up balls.

6. We have ice. No medical trainer on site.

7. Concessions will be available.

8. Admission: Everyone (Kindergarten-Adult).....\$5.00 (No Activity Passes allowed)

9. You will share a locker room with another team. Please lock up all valuables or carry them with you.

10. Locker room assignments: Girls Locker Room: RLF, FREEZE, KCC, CROOKSTON

Boys Locker Room: BGMR, RLCC, ROSEAU, EGF

11. Please promote our RLF EAGLE JV tournament in your local newspaper.

12. THANK YOU for participating in our RLF Eagle JV VB Tournament!! Enjoy the competition today!!

#ALLOUTALLINALL4ONE

#FAMILY