


Red Lake Falls October 2025 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
<p>Meals are subject to change. All meals include choice of milk.</p> <p>ISD #630 is an Equal Opportunity Provider and Employer</p>		<p>1 Cheese Omelet Toast Juice Fruit</p>	<p>2 French Toast Syrup Yogurt Juice Fruit</p>	<p>3 Cereal Muffin Juice Fruit</p>
<p>6 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>7 Pancakes Syrup Juice Fruit</p>	<p>8 1/2 Student Day Long John Hardboiled Egg Juice Fruit</p>	<p>9 Breakfast Croissant Juice Fruit</p>	<p>10 Cereal Toast Peanut Butter/Jelly Juice Fruit</p>
<p>13 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>14 French Toast Sticks Hardboiled Egg Juice Fruit</p>	<p>15 Breakfast Pizza Juice Fruit</p>	<p>16 No School</p>	<p>17 No School</p>
<p>20 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit</p>	<p>21 Pumpkin Bread Yogurt Juice Fruit</p>	<p>22 Long John Juice Fruit</p>	<p>23 Pancake Sausage Syrup Juice Fruit</p>	<p>24 Cereal Toast Peanut Butter/Jelly Juice Fruit</p>
<p>27 Cereal Yogurt Juice Fruit</p>	<p>28 Scrambled Eggs Sausage Toast Peanut Butter/Jelly Juice</p>	<p>29 Pancake Wrap Juice Fruit</p>	<p>30 Mini Donut Hardboiled Egg Juice Fruit</p>	<p>31 1/2 Student Day Cereal Toast Peanut Butter/Jelly Juice Fruit</p>

Red Lake Falls October 2025 Lunch Menu

Mon	Tue	Wed	Thu	Fri
<p>Meals are subject to change. All meals include choice of milk.</p> <p>ISD #630 is an Equal Opportunity Provider and Employer</p>		<p>1 Hot Ham and Cheese Hashbrown Patty Fresh Vegetables Fruit Choice</p>	<p>2 Corndog Macaroni & Cheese Fresh Vegetables Fruit Choice</p>	<p>3 Crispy Chicken Wrap Fresh Vegetables Fruit Choice</p>
<p>6 Meatballs Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>7 Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>8 1/2 Student Day Hot Dog on Bun Baked Beans Rice Krispie Bar Fresh Vegetables Fruit Choice</p>	<p>9 Nachos Fresh Vegetables Fruit Choice</p>	<p>10 Pizza Cheesy Green Beans Fresh Vegetables Fruit Choice</p>
<p>13 Italian Dunkers Marina Sauce Fresh Vegetables Fruit Choice</p>	<p>14 Sub Sandwich Baked Chips Fresh Vegetables Fruit Choice</p>	<p>15 Chicken Nuggets Scalloped Potatoes Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>16 No School</p>	<p>17 No School</p>
<p>20 Chicken Fajitas Fresh Vegetables Salsa Sour Cream Fruit Choice</p>	<p>21 Salisbury Steak Mashed Potatoes/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>22 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>23 Boneless Drummies Au gratin Potatoes Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>24 Sloppy Joe on Bun Baked Beans Baked Chips Fresh Vegetables Fruit Choice</p>
<p>27 Orange Chicken Egg Roll (7-12) Corn Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>28 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>29 Chicken Strips Based Beans Rice Krispie Treat Fresh Vegetables Fruit Choice</p>	<p>30 Corn Chip Tacos Salsa Sour Cream Fresh Vegetables Fruit Choice</p>	<p>31 1/2 Student Day Corn Dog Oven Fries Fresh Vegetables Fruit Choice</p>