

Red Lake Falls Schools September 2026 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
7 	8 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	9 Long John Hard Boiled Egg Juice Fruit	10 Breakfast Sandwich on English Muffin Juice Fruit	11 Cereal Toast Peanut Butter/Jelly Juice Fruit
14 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	15 French Toast Sticks Hard Boiled Egg Juice Fruit	16 Breakfast Pizza Juice Fruit	17 Waffles Syrup Sausage Juice Fruit	18 Donut Dunkin' Stix Yogurt Juice Fruit
21 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	22 Sweet Bread Yogurt Juice Fruit	23 Long John Juice Fruit	24 Pancake Syrup Sausage Juice Fruit	25 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit
28 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	29 Breakfast Bagel Juice	30 Mini Donut Hard Boiled Egg Juice Fruit	All meals are served with milk. The Red Lake Falls School District is an Equal Opportunity Provider and Employer	

Red Lake Falls Schools September 2026 Lunch Menu

Mon	Tue	Wed	Thu	Fri
7 	8 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice	9 Chicken Nuggets Scalloped Potatoes Dinner Roll Fresh Vegetables Fruit Choice	10 Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice	11 Mozzarella Pizza Sticks Corn Fresh Vegetables Fruit Choice
14 Chicken Fajita's Fresh Vegetables Salsa Sour Cream Fruit Choice	15 Salisbury Steak Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	16 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice	17 Boneless Drummies Augratin Potatoes Dinner Roll Fresh Vegetables Fruit Choice	18 Sloppy Joe on Bun Baked Beans Fresh Vegetables Fruit Choice
21 Orange Chicken Egg Roll (7-12) Corn Dinner Roll Fresh Vegetables Fruit Choice	22 Hamburger Gravy Mashed Potato Dinner Roll Fresh Vegetables Fruit Choice	23 Chicken Strips Baked Beans Rice Krispy Treat Fresh Vegetables Fruit Choice	24 Corn Chip Tacos Salsa Sour Cream Fresh Vegetables Fruit Choice	25 Chicken Patty on Bun Oven Fries Fresh Vegetables Fruit Choice
28 Pepperoni French Bread Pizza Corn Fresh Vegetables Fruit Choice	29 Chicken Leg Dinner Roll Baby Baker Potatoes Fresh Vegetables Fruit Choice	30 Corn Dog Baked Beans Fresh Vegetables Fruit Choice	All meals are served with milk. The Red Lake Falls School District is an Equal Opportunity Provider and Employer	