## Red Lake Falls Schools May 2024 Breakfast Menu

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| Meals are subject to change. All meals are served with milk. | ISD \#630 is an Equal Opportunity Employer and Provider | 1 <br> Pancake Wrap <br> Juice <br> Fruit | 2 <br> Mini Donut <br> Hardboiled Egg <br> Juice <br> Fruit | 3 <br> Cereal <br> Toast <br> Juice <br> Fruit |
| 6 <br> Cereal <br> Toast <br> Peanut Butter/Jelly/Butter <br> Juice <br> Fruit | 7 <br> Breakfast Pizza <br> Juice <br> Fruit | 8 <br> Cheese Omelet <br> Toast <br> Juice <br> Fruit | 9 <br> French Toast Sticks w/Syrup <br> Yogurt <br> Juice <br> Fruit | 10 <br> Cereal <br> Muffin <br> Juice <br> Fruit |
| 13 <br> Cereal <br> Toast <br> Peanut Butter/Jelly/Butter <br> Juice <br> Fruit | 14 <br> Pancakes w/Syrup <br> Sausage <br> Juice <br> Fruit | $15$ <br> Long John Juice <br> Fruit | $16$ <br> Banana Bread Yogurt Juice Fruit | 17 <br> Mini Bagel (Elem) <br> Bagel w/Cream Cheese (HS) <br> Juice <br> Fruit |
| 20 <br> Cereal <br> Toast <br> Peanut Butter/Jelly/Butter <br> Juice <br> Fruit | 21 <br> French Toast Hardboiled Egg Juice Fruit | $22$ <br> Breakfast Pizza <br> Juice <br> Fruit | 23 1/2 Student Day Last Day of School Waffles w/Syrup Sausage Juice Fruit | 24 |

## Red Lake Falls Schools May 2024 Lunch Menu

| Mon | Tue | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
| Meals are subject to change. All meals are served with milk. | ISD \#630 is an Equal Opportunity Employer and Provider | 1 <br> Chicken Fillet on a Bun <br> Baked Chips <br> Fresh Vegetables <br> Fruit Choice | 2 <br> Popcorn Shrimp <br> Hashbrown Patty <br> Breadstick <br> Fresh Vegetables <br> Fruit Choice | 3 <br> Corndog <br> Baked Beans <br> Fresh Vegetables <br> Fruit Choice |
| 6 <br> Pizza <br> Green Beans <br> Fresh Vegetables <br> Fruit Choice | 7 <br> Chicken Alfredo <br> Garlic Toast <br> Fresh Vegetables <br> Fruit Choice | 8 <br> Meatballs <br> Mashed Potatoes w/Gravy <br> Dinner Roll <br> Fresh Vegetables <br> Fruit Choice | 9 <br> Hot Dog on Bun <br> Baked Beans <br> Sunchips (7-12 only) <br> Fresh Vegetables <br> Fruit Choice | 10 <br> Nachos <br> Fresh Vegetables <br> Fruit Choice |
| 13 <br> Italian Dunkers <br> Marinara Sauce <br> Fresh Vegetables <br> Fruit Choice | 14 <br> Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice | 15 <br> Chicken Nuggets <br> Mashed Potatoes w/Gravy <br> Dinner Roll <br> Fresh Vegetables <br> Fruit Choice | 16 <br> Soft Shell Taco <br> Salsa <br> Fresh Vegetables <br> Fruit Choice | 17 <br> Orange Chicken <br> Corn <br> Egg Roll (7th-12th) <br> Dinner Roll <br> Fresh Vegetables <br> Fruit Choice |
| 20 <br> Chicken Fajita <br> Fresh Vegetables <br> Salsa/Sour Cream <br> Fruit Choice | 21 <br> Salisbury Steak <br> Mashed Potatoes w/Gravy <br> Dinner Roll <br> Fresh Vegetables <br> Fruit Choice | 22 <br> Spaghetti Hotdish <br> Garlic Toast <br> Fresh Vegetables <br> Fruit Choice | 23 1/2 Student Day Last Day of School <br> Corn Dog <br> Baked Beans <br> Fresh Vegetables <br> Fruit Choice <br> Ice Cream Cup | 24 |

