

Red Lake Falls Schools October 2026 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
All meals include milk. Meals subject to change Red Lake Falls School District #630 is an Equal Opportunity Provider and Employer			1 Pancake Wrap Juice Fruit	2 Cereal Toast Peanut Butter/Jelly Juice Fruit
5 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	6 Breakfast Pizza Juice Fruit	7 Cheese Omelet Toast Juice Fruit	8 French Toast Syrup Yogurt Juice Fruit	9 Cereal Muffin Juice Fruit
12 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	13 Pancakes Syrup Yogurt Juice Fruit	14 Long John Hardboiled Egg Juice Fruit	15 No School	16 No School
19 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	20 French Toast Sticks Hardboiled Egg Juice Fruit	21 1/2 Student Day Breakfast Pizza Juice Fruit	22 Waffles Syrup Sausage Juice Fruit	23 Mini Donuts Yogurt Juice Fruit
26 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	27 Sweet Bread Yogurt Juice Fruit	28 Long John Juice Fruit	29 Pancake Syrup Sausage Juice Fruit	30 Cereal Toast Peanut Butter/Jelly Juice Fruit

Red Lake Falls Schools October 2026 Lunch Menu

Mon	Tue	Wed	Thu	Fri
All meals include milk. Meals subject to change Red Lake Falls School District #630 is an Equal Opportunity Provider and Employer			1 Meatball Sub Sandwich Baked Chips Fresh Vegetables Fruit Choice	2 Crispy Chicken Wrap Fresh Vegetables Fruit Choice
5 Hot Dog on Bun Baked Beans Rice Krispie Bar Fresh Vegetables Fruit Choice	6 Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice	7 Meatballs Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	8 Softshell Taco Salsa Sour Cream Fresh Vegetables Fruit Choice	9 Pizza Green Beans Fresh Vegetables Fruit Choice
12 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice	13 Sub Sandwich Baked Chips Fresh Vegetables Fruit Choice	14 Chicken Nuggets Scalloped Potatoes Dinner Roll Fresh Vegetables Fruit Choice	15 No School	16 No School
19 Chicken Fajitas Fresh Vegetables Salsa Sour Cream Fruit Choice	20 Salisbury Steak Mashed Potatoes/Gravy Dinner Roll Fresh Vegetables Fruit Choice	21 Student 1/2 Day Corn Dog Baked Beans Fresh Vegetables Fruit Choice	22 Boneless Drummies Augratin Potatoes Dinner Roll Fresh Vegetables Fruit Choice	23 Sloppy Joe on Bun Baked Chips Fresh Vegetables Fruit Choice
26 Orange Chicken Egg Roll (7-12) Corn Dinner Roll Fresh Vegetables Fruit Choice	27 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice	28 Chicken Strips Baked Beans Rice Krispy Treat Fresh Vegetables Fruit Choice	29 Corn Chip Taco Salsa Sour Cream Fresh Vegetables Fruit Choice	30 Chicken Patty on Bun Oven Fries Fresh Vegetables Fruit Choice