

Red Lake Falls Schools September 2022 Breakfast Menu

Mon

Tue


Wed

Thu

Fri

<p>All Meals are subject to change. All Meals are served with milk.</p>			<p>1</p>	<p>2</p>
<p>5</p>	<p>6 1st Day of School Breakfast Pizza Fruit Juice</p>	<p>7 Cheese Omelet Toast Fruit Juice</p>	<p>8 French Toast Sticks Yogurt Fruit Juice</p>	<p>9 Cereal Muffin Fruit Juice</p>
<p>12 Cereal Toast Fruit Juice</p>	<p>13 Pancakes Sausage Fruit Juice</p>	<p>14 Long John Hard Boiled Egg Fruit Juice</p>	<p>15 Breakfast Pizza Fruit Juice</p>	<p>16 Cereal Bagel Fruit Juice</p>
<p>19 Cereal Toast Fruit Juice</p>	<p>20 French Toast Sausage Fruit Juice</p>	<p>21 Breakfast Pizza Fruit Juice</p>	<p>22 Waffles Sausage Fruit Juice</p>	<p>23 Cinnamon Roll Hard Boiled Egg Fruit Juice</p>
<p>26 Cereal Toast Fruit Juice</p>	<p>27 Cheese Omelet Toast Fruit Juice</p>	<p>28 Long John Hard Boiled Egg Fruit Juice</p>	<p>29 Pancakes Sausage Fruit Juice</p>	<p>30 Cereal Toast Fruit Juice</p>

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<p>All Meals are subject to change. All Meals are served with milk. ISD #630 is a Equal Opportunity Employer and Provider</p>			1	2
5	<p>6 1st Day of School Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>7 Meatballs Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>8 Hot Dog on a Bun Baked Beans Baked Chips Fresh Vegetables Fruit Choice</p>	<p>9 Pizza Green Beans Fresh Vegetables Fruit Choice</p>
<p>12 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice</p>	<p>13 Soft Shell Taco's Salsa Fresh Vegetables Fruit Choice</p>	<p>14 Chicken Nuggets Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables</p>	<p>15 Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice</p>	<p>16 Hamburger Hotdish Corn Dinner Roll Fresh Vegetables Fruit Choice</p>
<p>19 Chicken Fajitas Fresh Vegetables Fruit Choice</p>	<p>20 Salisbury Steak Mashed Potatoes w/ Gravy Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>21 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice</p>	<p>22 Hot Ham and Cheese Baked Beans Fresh Vegetables Fruit Choice</p>	<p>23 Chicken Strips Green Beans Dinner Roll Fresh Vegetables Fruit Choice</p>
<p>26 Cheese Quesadilla Salsa/Sour Cream Fresh Vegetables Fruit Choice</p>	<p>27 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>28 Popcorn Chicken Baked Beans Dinner Roll Fresh Vegetables Fruit Choice</p>	<p>29 Corn Chip Taco's Salsa Fresh Vegetables Fruit Choice</p>	<p>30 Grilled Chicken on a Bun Oven Fries Fresh Vegetables Fruit Choice</p>