

# RED LAKE COUNTY REBELS CROSS COUNTRY SCHEDULE 2023

## VARSAITY/JUNIOR HIGH CROSS COUNTRY

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Time</u>	<u>RLF Leave Time</u>
Tues. Aug. 22	Lake Run	Detroit Lakes	9:00	6:15 am
Thur. Aug. 31	Thief River Falls	TRF	10:00	8:30 am
Thur. Sept. 7	Roseau	Roseau (Oak Crest GC)	4:00	12:15 pm
Mon. Sept. 11	Warroad	Warroad (Estates Gold GC)	4:00	12:30 pm
Thur. Sept. 14	A.B. West Booster Invite	Ada (Heart of the Valley GC)	4:00	2:00 pm
Tue. Sept. 19	Bagley/Fosston Invite	Bagley (Twin Pines GC)	4:30	2:00 pm
Mon. Sept. 25	East Grand Forks	East Grand Forks	4:00	2:05 pm
Sat. Sept. 30	Grand Forks	Grand Forks	12:00	10:00 am
Tue. Oct. 3	West Marshall Fusion	Warren (Warren GC)	4:00	2:05 pm
Thur. Oct. 12	NW MN Conference	RLF (Oak Knolls GC)	4:00	
Mon. Oct. 16	Bemidji Invitational	Bemidji (Greenwood GC)	4:00	12:45 pm
Fri. Oct. 27	Section 8A	Bagley (Twin Pines GC)	4:00	1:30 pm
Sat. Nov. 4	State	University of MN St. Paul	TBD	