Red Lake Falls Schools January 2026 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
All meals are subject to change	ISD #630 is an Equal Opportunity Provider and Employer		1 No School	2 No School
Meals are served with choice of milk.				
5	6	7	8	9
Cereal	Pumpkin Bread	Long John	Pancake	Cereal
Toast	Yogurt	Juice	Sausage	Toast
Peanut Butter/Jelly/Butter	Juice	Fruit	Syrup	Peanut Butter/Jelly
Juice	Fruit		Juice	Juice
Fruit			Fruit	Fruit
12	13	14	15	16 1/2 Student Day
Cereal	Scrambled Eggs	Pancake Wrap	Pancake	Cereal
Yogurt	Sausage	Juice	Sausage	Toast
Juice	Toast	Fruit	Syrup	Peanut Butter/Jelly
Fruit	Peanut Butter/Jelly		Juice	Juice
	Juice		Fruit	Fruit
19	20	21	22	23
Cereal	Breakfast Pizza	Cheese Omelet	French Toast	Cereal
Toast	Juice	Toast	Syrup	Muffin
Peanut Butter/Jelly/Butter	Fruit	Juice	Yogurt Juice	Juice
Juice		Fruit	Fruit	Fruit
Fruit				
26	27	28	29	30
Cereal	Pancakes	Long John	Breakfast Sandwich Crois-	Cereal
Toast	Syrup	Hardboiled Egg	sant	Toast
Peanut Butter/Jelly/Butter	Juice	Juice	Juice	Peanut Butter/Jelly
Juice	Fruit	Fruit	Fruit	Juice
Fruit				Fruit

Red Lake Falls Schools January 2026 Lunch Menu

Mon	Tue	Wed	Thu	Fri
All meals are subject to change Meals are served with choice of milk.	ISD #630 is an Equal Opportunity Provider and Employer		1 No School	2 No School
5 Orange Chicken Egg Roll (7-12) Corn Dinner Roll Fresh Vegetables Fruit Choice	6 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice	7 Chicken Strips Baked Beans Rice Krispie Treat Fresh Vegetables Fruit Choice	8 Corn Chip Taco Salsa Sour Cream Fresh Vegetables Fruit Choice	9 Chicken Patty on Bun Oven Fries Fresh Vegetables Fruit Choice
Pepperoni French Bread Pizza Corn Fresh Vegetables Fruit Choice	Pork Riblet on Bun Baked Beans Sunchips Fresh Vegetables Fruit Choice	14 Corn Dog Macaroni and Cheese Fresh Vegetables Fruit Choice	15 Crispy Chicken Wrap Fresh Vegetables Fruit Choice	16 1/2 Student Day Hot Ham and Cheese Hashbrown Patty Fresh Vegetables Fruit Choice
19 Hot Dog on Bun Baked Beans Rice Krispie Bar Fresh Vegetables Fruit Choice	20 Chicken Alfredo Garlic Toast Fresh Vegetables Fruit Choice	21 Meatballs Mashed Potatoes/Gravy Dinner Roll Fresh Vegetables Fruit Choice	22 Nachos Fresh Vegetables Fruit Choice	23 Pizza Cheesy Green Beans Fresh Vegetables Fruit Choice
26 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice	27 Sub Sandwich Baked Chips Fresh Vegetables Fruit Choice	28 Chicken Nuggets Scalloped Potatoes Dinner Roll Fresh Vegetables Fruit Choice	29 Cheeseburger on Bun Baked Beans Fresh Vegetables Fruit Choice	30 Mozzarella Pizza Sticks (WG) Corn Fresh Vegetables Fruit Choice