

Red Lake Falls Schools March 2024 Breakfast Menu

Mon	Tue	Wed	Thu	Fri
All meals include milk.	ISD #630 is an Equal Opportunity Employer and Provider			1 Cereal Muffin Juice Fruit
4 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	5 Pancakes w/Syrup Sausage Juice Fruit	6 Long John Juice Fruit	7 Yogurt Parfait Juice Fruit	8 Mini Bagel (Elementary) Bagel w/Cream Cheese (HS) Juice Fruit
11 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	12 French Toast Sticks Hard Boiled Egg Juice Fruit	13 Breakfast Pizza Juice Fruit	14 Waffles w/Syrup Sausage Juice Fruit	15 1/2 Student Day Cinnamon Roll Juice Fruit
18 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	19 Banana Bread Juice Fruit	20 Long John Juice Fruit	21 Pancake w/Syrup Sausage Juice Fruit	22 Cereal Toast Juice Fruit
25 Cereal Toast Peanut Butter/Jelly/Butter Juice Fruit	26 Sausage, Egg and Cheese Croissant Juice	27 Pancake Wrap Juice Fruit	28 Mini Donuts Hard Boiled Egg Juice Fruit	29 No School

Red Lake Falls Schools March 2024 Lunch Menu

Mon	Tue	Wed	Thu	Fri
All Meals are served with milk. Meals are subject to change	ISD #630 is an Equal Opportunity Provider and Employer			1 Bosco Sticks Marinara Sauce Corn Fresh Vegetables Fruit Choice
4 Cheeseburger on a Bun Hash Brown Patty Fresh Vegetables Fruit Choice	5 Soft Shell Taco Salsa Fresh Vegetables Fruit Choice	6 Chicken Nuggets Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	7 Hot Dog on a Bun Baked Beans Fresh Vegetables Fruit Choice	8 Italian Dunkers Marinara Sauce Fresh Vegetables Fruit Choice
11 Chicken Fajita Fresh Vegetables Salsa/Sour Cream Fruit Choice	12 Salisbury Steak Mashed Potatoes w/Gravy Dinner Roll Fresh Vegetables Fruit Choice	13 Spaghetti Hotdish Garlic Toast Fresh Vegetables Fruit Choice	14 Hot Ham & Cheese on Bun Baked Beans Fresh Vegetables Fruit Choice	15 1/2 Student Day Cheese Pizza Corn Fresh Vegetables Fruit Choice
18 Cheese Quesadilla Fresh Vegetables Fruit Choice	19 Hamburger Gravy Mashed Potatoes Dinner Roll Fresh Vegetables Fruit Choice	20 Popcorn Chicken Baked Beans Dinner Roll Fresh Vegetables Fruit Choice	21 Corn Chip Taco Salsa/Sour Cream Fresh Vegetables Fruit Choice	22 Shrimp Poppers Cottage Cheese Breadstick Fresh Vegetables Fruit Choice
25 Pepperoni French Bread Pizza Corn Fresh Vegetables Fruit Choice	26 Crispy Chicken Wrap Fresh Vegetables Fruit Choice	27 Tatertot Hotdish Greens Beans Dinner Roll Fresh Vegetables Fruit Choice	28 Corn Dog Baked Beans Fresh Vegetables Fruit Choice Ice Cream Cup	29 No School